

Essex Fostering Service
Statement of
Purpose

April 2023

>>> Contents

Foreword	3
Introduction	4
Section 1 Our vision	5
Section 2 Pre-approval	9
Section 3 Post approval training	15
Section 4 Post approval supervision and support	19
Section 5 Placements, fees and allowances	24
Section 6 Developments achieved during 2022 to 2023	28
Section 7 Developments planned for 2023 to 2024	30
Section 8 Structure of the fostering service	32
Section 9 Fostering staff qualifications and experience	35
Appendix A	39



National Minimum Standards for Fostering Services 2011, section 16, requires that Essex Fostering service has a clear statement of purpose which is available to, and understood by, foster carers, staff and children. It must be focused on how the service will meet outcomes for children and must also be available to any parent or person with parental responsibility.

All reference to 'foster carer' or 'carer' throughout this document includes all Essex registered foster carers, supported lodgings carers, temporarily approved foster carers and duel approved adopters and foster carers.

This Fostering Statement of Purpose details our; vision; aims and objectives; the way we recruit, approve, train, support and work collaboratively with foster carers; the diversity of our foster care service; services that support fostering and foster carers and the structure of the Fostering Service. All of which underpin the provision of an efficient service that meet the needs of Essex children in care.

The Statement of Purpose is reviewed by the Lead Cabinet Member for Children and Families and the Executive Director for Children, Families and Education.

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Cllr. Beverley Egan
Cabinet Member for Children
and Families

Helen Lincoln

Executive Director for Children, Families and Education

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>>> Introduction

Essex Fostering Service believes that Essex children and young people, who require foster placements, or supported lodgings benefit from being placed with Essex County Council carers. This enables us to take full responsibility for ensuring children and young people are placed with families who are subject to the highest possible standards in recruitment, training, support and monitoring. It ensures that children and young people are placed with carers we know well, enabling appropriate matching, maximising the potential for placement stability and providing the optimal conditions for children and young people to thrive.

This document is intended to provide information to:

- Essex registered foster carers, supported lodgings carers and temporarily approved foster carers
- prospective foster carers
- children placed with and the birth children of Essex County Council Foster Carers
- Essex County Council staff and other professional partners
- any parent or person with Parental Responsibility
- the public

Essex County Council's Fostering Service aims to meet the requirements of the:

- National Minimum Standards for Fostering Services 2011
- Fostering Services Regulations 2011
- National Care Standards Act 2000
- The Care Planning, Placement and Case Review Regulations 2010
- The Care Planning, Placement and Case Review and Fostering Services (Miscellaneous Amendments) Regulations 2013 which amend the Fostering Services (England) Regulations 2011 with respect to the assessment and approval of foster carers for looked after children
- The Children and Families Act 2014 and the Training, Support and Development Induction Standards for Foster Care
- Ofsted 4 April 2023: Introduction to supported accommodation What providers need to know about registering with Ofsted and running or closing a supported accommodation service





>>> Section 1

Our vision

Section 1: Our vision

In Essex we are committed to supporting children to remain within their families. We do so by working with them to bring about change, so that parents and carers are able to provide good parenting, firm boundaries and emotional support.

Where children cannot safely remain with their families, we seek to provide high quality substitute care, preferably within family settings but otherwise in suitably matched high-quality residential units, as near as possible to the child's home locality to maintain links with their families and communities. We aim for children to be in care for the shortest time possible to achieve a sustainable exit from care that meets their needs, whether that is a return home or a permanent alternative family arrangement.

We want the same things for the children and young people we look after as any good parent would want for their child. We want children to be healthy and happy in childhood. We want them to feel valued for who they are and to feel loved. We want them to enjoy learning and to have a good experience of education. Our aim is for them to: grow into well adjusted, emotionally resourceful individuals who will experience positive relationships; be responsible and economically independent citizens; be successful parents should they

choose to be parents; have ambition and high aspirations and achieve their full potential. We will achieve this by providing the highest quality of care delivered through the partnership of services for which we are both responsible and accountable. We will also work together with children and young people and with partner services to promote a positive image of care to counteract discrimination that can take place and that has a negative impact on children and young people's self-image and self-esteem.

Essex Fostering Service believes that children should receive care from foster carers or supported lodgings carers who are therapeutically minded and can effectively meet children's emotional needs. Our vision is to have a whole service culture of therapeutic and trauma informed parenting where all staff and carers understand children's behaviour in the context of the trauma they have experienced.

(Please see model in appendix A).



Section 1: Our vision



Our aims:

- to have 95% of Essex fostered children living with in-house, Essex County Council carers by March 2028
- to have 74% of all Essex children in care placed with foster carers by March 2028
- to have foster carers and supported lodgings carers who
 provide placements that will meet the full range of Essex'
 sufficiency needs including older children, children with
 complex behaviours, sibling groups, children with disabilities,
 parent and child placements
- to recruit carers who are emotionally intelligent, self-reflective, and have the potential to develop and provide Essex children in care therapeutic and trauma informed parenting
- to provide high quality supervision and training to fostering households that fully supports them in their role and is therapeutic and trauma informed
- to allocate supervising social workers who have manageable caseloads (ideally no more than 12 fostering households), which enables them to practice relationship based, responsive social work

- to provide carers and social workers with access to clinical consultations and support from mental health co-ordinators and clinical leads based in the fostering teams as well as the therapeutic fostering team which is centrally based
- to provide 24-hour support for all foster carers from qualified supervising social workers within the fostering service who provide a consistent trauma informed response
- to provide a service consisting of managers, social work practitioners, clinicians and support staff who are appropriately qualified, safeguard checked and registered with their professional regulatory bodies



Section 1: Our vision



Our objectives:

- to ensure best practice that is compliant with Fostering Services Regulations 2011, as amended by The Care Planning, Placement and Case Review and Fostering Services (Miscellaneous Amendments) Regulations 2013. National Minimum Standards and the Care Planning, Placement and Case Review Regulations 2010. As well as meeting the new requirements, April 2023, to register with Ofsted as a supported lodging provider
- to provide foster placements and supported lodgings for children and young people that are appropriately matched, resilient to unplanned breakdowns, that meet children's emotional needs and enable children to thrive
- to provide placements for children that expertly support their care plan whether that is for reunification with birth family, transition to an alternative permanent family, or remaining long term with their current foster carer
- to provide a diverse range of fostering and supported lodgings households that aligns, as far as possible, with the diversity of our children in care population. To ensure all households positively promote children's racial, cultural, religious and linguistic heritage as well as considering their needs arising from gender, sexuality or disability
- to provide the potential for young people to "stay put" in their foster home or supported lodging home beyond their 18th birthday when appropriate

- to work with the involvement team, children in care council, Essex foster carers, Supported Lodgings carers, childcare teams and other partners to share our vision and ensure meaningful consultation informs all fostering service development
- to communicate effectively and work collaboratively with our carers through engagement with Essex Foster Carer Association (EFCA) regular carer forums and 'meet & great' sessions within each quadrant and quarterly fostering board meetings
- to remain committed to continuous improvement informed by national and local interest groups, Eastern region forums, the Department for Education and partners in practice work
- to use monthly audits and the 6 monthly audit review report, foster carer's and supported lodgings carers annual household reviews, fostering panel feedback and carer exit interviews to maintain oversight of the performance of the Fostering Service in compliance with Regulation 35 and schedule 6 of the fostering regulations



>>> Section 2

Pre-approval

Recruitment and approval

The financial year 2022 to 2023 remained challenging for fostering recruitment Nationwide and within Essex. We had consistently low numbers of carers enquiring and in assessment throughout most of 2022. The numbers increased by January 2023, potentially due to our strong marketing following the agreed increase in fees alongside National increased awareness from the John Lewis Christmas advert, featuring a foster family. We recruited 30 new mainstream households but experienced a net loss of mainstream households for the first time in over 5 years (please refer to the Fostering Service Annual report 2022-2023 for further details and analysis on recruitment figures)

In October 2022 to 2023 we uplifted fees for carers by 10% (rounded up or down to the nearest £5) and on 1 April 2023 we uplifted our children's allowances by 9.2%. We also received agreement for both fees and allowances to be reviewed annually to ensure carers continue to receive appropriate renumeration to meet the needs of Essex children in care, this review will take place in October 2023.





In 2023 to 2024 based on marketing data and insight our strategy will continue as an 'always on' approach. This means that we will have a continuous digital presence designed to nurture interest throughout the year and position Essex as the provider of choice in a highly competitive market. The 'always on' approach gives us the opportunity to engage with prospective carers regarding specific types of fostering such as fostering children with disabilities and recruiting Supported Lodgings Providers. It also provides opportunity to maintain an emphasis on our trauma informed, therapeutic approach to parenting.

In addition to our 'always on' strategy, each year we have three bursts of campaign activity to drive traction at a time that most resonates: January, Foster Care Fortnight in May and September. Campaigns are highly targeted and will reflect the needs of the service at the time. This year we will again focus on; older children, children with complex behaviours, sibling groups and parent and child placements. We will also focus on proactively reaching out to

potential applicants from the LGBTQ+ and BAME communities.

There are two key phases of activity across both the 'always on' activity and the targeted campaigns:

- inspire inspirational videos and stories harnessing the transformational power of fostering
- inform videos and content designed to dispel myths and position Essex as a provider of choice

The tactics we use are:

- paid: social media, digital display, dynamic audio, out of home, paid search and radio
- earned: PR, online and print press, hyper local, radio, social media, TV, word of mouth and advocacy
- **shared**: social media, PR, events, e-newsletters and partnership packs

 owned: social media, video, e-newsletters, internal communications, ambassadors and web content

This strategy means we're better nurturing interested people and engaging them at the different stages of their fostering journey from 'consideration and prospecting' phases to 'active' and 'ready to take the next step'. We now have a continuous flow of enquiries and can keep people engaged with Essex County Council.

We have begun work with Essex Service Design to review our fostering website to improve the user experience and maximise the potential for applicants to choose Essex in preference to other providers. We aim for this work to complete by August 2023.

The recruitment teams

The Service has two dedicated Recruitment and Assessment Teams that deal with all aspects of marketing, recruitment and assessment of new fostering households.

We maintain a dedicated recruitment information telephone line, where our Initial Enquiry Workers operate extended hours from 9am to 8pm Monday to Thursday, from 9am to 4.30pm on Friday and from 9am to 12pm Saturday mornings. We have an informative website which is regularly updated and a recruitment newsletter to communicate with families who have expressed an interest in becoming Foster Carers but are not yet ready to commit to assessment.

We have a vibrant group of Foster Carer Ambassadors who co-construct social media and marketing campaigns, support recruitment events, jointly facilitate 'skills to foster' courses and initial visits; and buddy up with potential applicants to guide them through the process. We also plan to engage the whole service in providing us with details of positive outcomes for children, positive feedback from household reviews, training events or case file audits to create ongoing social media content.

The assessment process

Our Initial Enquiry Workers manage the "front door" promptly and provide ongoing communication with potential applicants. If the enquirer wishes to proceed, a home visit by a social worker is arranged by the Recruitment Team. This is undertaken alongside a current approved Foster Carer. Following the home visit the enquirer completes their application form and must give consent for us to make relevant safeguard checks to assess their initial suitability to become a Foster Carer.

The process for assessing a person's suitability to foster consists of two parts. These can be carried out concurrently.



Stage 1: Information required within stage 1 must be sought as soon as possible and the decision about whether an applicant has successfully completed stage 1 must be made within ten days of receiving all relevant information in that stage.

Safeguard checks undertaken:

- Disclosure and Barring Service checks on all members of the household aged 18 or over and regular visitors to the household. This will involve disclosure of information about any criminal convictions or cautions and other information which may be held by the police or government agencies relevant to the protection of children
- the applicant will also be required to have a medical examination completed by their GP and the report will be made available to the Essex County Council Medical Adviser their comments about the health of the applicant and any impact on their potential to foster

Once the applicant indicates a wish to proceed, they will be invited to attend our 'Skills to Foster' training.

Stage 2: After attending the skills to foster training, applicants will be assigned an assessing Social Worker, who will begin their assessment.

Further safeguard checks will be undertaken including:

- verification of identity and personal history
- County Council database checks including enquiries to all relevant Social Care Departments and Child Protection records
- enquiries to other relevant agencies including NSPCC and Probation
- at least three personal referees who will provide both written references and be interviewed
- employment referees

During the assessment the allocated Social Worker usually visits on six to eight occasions to meet and collect information about all members of the household. The assessment will explore; the family composition; the experiences of the applicant's own upbringing; their motivation for becoming a foster carer, their skills in relation to parenting or communicating with children. The assessment especially focuses on the applicant's potential to provide emotionally attuned parenting. During the assessment applicants will also be invited to attend our 'Fostering in the Modern World' training.

All information and observations obtained from the assessment, safeguard checks, reference checks and training will form the basis of an assessment called Essex Fostering and Supported Lodgings Assessment. This report is shared with the applicant and then presented to the Fostering Panel. Applicants are invited to attend the Fostering Panel when their application is being considered. The Fostering Panel makes recommendations about the suitability of the applicant to be approved as Foster Carers.

The Agency Decision Maker who in Essex is the Head of Permanency, Placements & Sufficiency, receives the recommendation of the Fostering Panel and on behalf of the Service makes the final decision about approval. Applicants are informed verbally and in writing of the Service's decision.

The full assessment process, on average, takes five to six months. Every effort is made to ensure there are no avoidable delays. All information is held on a secure file and can be viewed by the applicant, on request. References from external agencies and personal references, which are provided in confidence, cannot be shared without permission of both the subject and the relevant referee.





Parenting any child is demanding work, being a Foster Carer adds many more layers of complexity. All children in care have experienced trauma and require skilled, therapeutic parenting from emotionally resilient and reflective Foster Carers. In addition, Foster Carers must understand a wide range of issues such as the impact of discrimination; the importance of the child's ongoing relationship with their birth family; how to work effectively with others in the child's network; etc.

The provision of good quality pre- and post approval training for Foster Carers is, therefore, vital. Essex provides a wide range of learning opportunities to enable Foster Carers to be effective in their role. A Fostering Training Focus group, which includes Foster Carers, meets regularly to constantly review, develop and innovate our training offer to Foster Carers.

It is our expectation that Essex Foster Carers are committed to and take responsibility for their ongoing personal development throughout their time as registered Foster Carers. When fostering as part of a couple both carers must engage with personal development, even when there are clearly defined 'primary' and 'secondary' carer arrangements within a household.

Pre-Approval training:

Skills to Foster

The course comprises four sessions run over two days. We run this jointly with foster carers on all sessions. We keep groups small and as interactive as possible.

The Sessions cover:

- 1. Introductions and Identity
- Attachment and Secure Base from a trauma-informed perspective
- 3. Safer Caring
- 4. Transitions

We ensure that we cover areas such as why children come into care, legal context, support for Foster Carers, record keeping and contact. The skills to foster training emphasises our trauma informed therapeutic approach to parenting. We plan to maintain fortnightly face to face courses throughout 2023 to 2024.

Fostering in the modern world & PACE

This one day 'taster' training session will continue to run every six weeks for prospective foster carers, introducing issues relating to 'hidden harm' exploitation, gangs, social media and to introduce trauma informed parenting through 'PACE' techniques.





>>> Section 3

Post approval training

SECTION 3: Post approval training



Post approval training

Courses for carers are facilitated by our Quadrant Clinical leads, Mental Health co-ordinators, Supervising Social Workers, subject area expert trainers or lecturers commissioned through Essex Social Care Academy.

The training programme includes learning available through distance learning, e-learning, clinical consultations, supervision as well as a wide range of face-to-face courses. Courses vary in length and depth, from half day workshops to our Non Violent Resistance (NVR) programme that runs weekly for ten weeks. All learning provided is underpinned by our belief that foster carers should provide therapeutic and trauma informed parenting and all courses have been reviewed to ensure compliance to this approach.

First year of registration

All newly approved carers should complete a minimum of six training/learning activities in their first 12 months of approval or within 18 months for short break or 'narrow' approved carers. All newly approved Supported Lodgings carers should complete a minimum of three training/learning activities including mandatory WRAP training.

After the first 12 months all carers, including Supported Lodgings carers, should complete a minimum of three training/learning activities a year for the duration of their continued registration. Each foster carer will have a Personal Development Plan (PDP) devised by the carer in consultation with their Supervising Social Worker, which is updated annually. This plan will outline each Foster Carer's development needs and detail how this learning will be achieved.

Curriculum training programmes

There are separate curriculums set up for carer 1, carer 2 and supported lodgings carers. These support the different types of carers to access relevant courses in order and within realistic timescales. The curriculum training programme encourages completion of essential courses as a priority before embarking on other 'recommended' courses.



SECTION 3: Post approval training



Pre-approval

- Skills to foster
- Fostering in the modern world
- First Aid
- Medication workbook
- The role of the Foster Carer

Post approval pathways

Trauma informed therapeutic parenting pathway

- Child development
- Growing up in care Lived experience (Scott King)
- Connection and loss
- Reflective therapeutic parenting
- Neuroscience
- Neuropsychology of parenting traumatised children
- Anxiety and trauma
- Teens, trouble and trauma: putting the theory into practice
- Therapeutic play techniques
- Attachment through play and connection

Fostering role pathway

- Introduction to fostering in Essex
- Record-keeping
- Training standards and development workbook
- Education matters
- Education matters Advanced
- New practice in transitions from fostering to adoption
- Achieving health and wellbeing
- Equality and diversity
- Non-violent resistance (NVR)
- Parent and child placements
- Makaton
- Advanced Makaton
- First aid refresher courses
- Family time

Safeguarding children pathway

- Protecting children and young people
- Safer caring caring for yourself and others
- · Health and safety in the home
- Child exploitation
- · Recognising gangs-related culture
- Radicalisation can you identify who is at risk – prevent (WRAP) e-learning
- De-escalation and breakaway techniques for safer caring – being commissioned

Our full training brochure is available on our website: adoptionandfostering@essex.gov.uk

SECTION 3: Post approval training



Other areas of development

There are many opportunities for Essex Foster Carers to develop and gain skills beyond caring for our vulnerable children. We have Ambassador schemes for recruitment, Mentor schemes for carers in assessment, carers moving children to live with adoptive families, carers reunifying children with their birth families. We have an Emergency Duty scheme a PACE bed Scheme, a Short Break scheme, the Oasis Network which is a peer support/extended family model of care. Foster Carers also co-present some of our key training courses and help run support groups and events. All these initiatives rely on Essex Foster Carers becoming involved and developing their expertise and knowledge.

Training, Support and Development (TSD) Induction Standards

The Central government Department for Education have created Training, Support and Development Standards to provide guidance for Foster Carers on the requirements for their initial training and their ongoing continuous professional development. All newly approved Foster Carers and Short Break Carers have 12 months to complete these from when they are approved as Foster Carers. All new Connected Persons carers have 18 months to complete these from the time when they were approved as Foster Carers.

Essex run workshops and Supervising Social Workers are available to support Foster Carers to complete these books and to support understanding of the expectations that Foster Carers engage in Continuous professional development.





>>> Section 4

Post approval supervision and support



Supervision and support for Foster Carers

Allocated Supervising Social Worker

Each fostering and supported lodgings household is allocated a Supervising Social Worker (SSW). In Essex SSWs have a maximum of 12 fostering households or a minimum of 15 supported lodgings households to supervise. This allows them the time to develop meaningful relationships and to respond when challenges arise. The Supervising Social Worker's role includes:

- providing regular (usually 4-6 weekly) formal supervision to support carers to meet the needs of any child placed
- helping carers with their professional development plans
- working with each member of the fostering household, including birth children. Where there is more than one carer in the home the second carer should be seen as frequently as possible but at a minimum of twice in a year
- supporting carers in their liaison with other teams within Children and Families Services as well as with other agencies
- monitoring health, safety and care standards within the home

- maintaining effective records including of supervision visits, ensuring carers are given a copy of supervision notes
- ensuring that there is a minimum of one unannounced visit completed every year
- supporting carers to take regular breaks from their caring role

Supervising Social Workers offer advice on how to manage children in a way that is mindful of the trauma they have experienced and supportive of our therapeutic parenting approach. Essex Fostering Service believes that when parenting traumatised children, carers will experience things that 'trigger' memories from their past and when carers are experiencing difficulties in their own lives this these inevitably impact on their relationship with the child and the care that they give the child. It is therefore imperative that Essex carers can reflect on their past and are open to discussing their emotions and feelings with their SSW.

Child or Young Person's Social Worker

Each child placed with a carer will have their own allocated social worker who is responsible for their care plan and should:

- ensure the carer has all the information that they need to care for the child in line with the child's care plan
- visit the child on a regular basis and ensure they see the child alone during these visits as well as speaking to the carer
- attend the child's Personal Education Plan meetings at the school, the child's statutory reviews, placement planning meetings and any other meeting necessary to support the child to thrive in care including 'team around the placement meetings

Mental Health Coordinators and Clinical Lead posts

Within each quadrant Clinical Leads and Mental Health Coordinators are an integral part of the fostering team and are fully dedicated to Fostering. They provide expert advice and support through direct work, consultations, clinical supervision and training to support carers and Social Workers to understand and manage children in care. They support the whole service to maintain and promote understanding of the impact of trauma on children and to proivde children with parenting that is, in essence, therapeutic.



Therapeutic Fostering Team (TFT)

The Therapeutic Fostering Team provide 'wrap around' support, alongside the quadrant fostering team including the SSW, Mental Health Coordinator and clinical lead, when there is a risk of an unplanned ending of a care arrangement, or when to foster carers take a child who was formally in a residential care, or who has experienced multiple placement breakdowns. The TFT also work with the quadrant Fostering Teams and the Principal Psychologist to 'family find' and make the best possible match for children who are 'stepping down' from residential care.

Divisional Based Intervention Teams (D-BIT)

D-BIT predominantly work with children who are 'on the edge' of coming into care providing intensive support to families aimed at preventing a child needing to come into care. D-BIT also provides a service to foster carers or supported lodgings carers to prevent any unplanned ending of care arrangements.

Support Groups, Foster Carer Forums, Meet and Greet Sessions.

Each fostering team runs local support groups which provide a forum for learning, peer support and networking. Groups offered include, daytime, evening, CWD groups, connected carer, sons and daughters, male foster carers, supported lodgings.

Each quadrant runs forums or sessions where foster carers can meet their Director for Local Delivery and other senior staff and can discuss with them directly all relevant issues impacting on their fostering role. Issues raised at these forums feed into the Fostering Board in order to improve practice.

Sons and daughters of carers

The sons and daughters of carers are a vital part of any fostering or supported lodging household. In Essex we provide an opportunity for sons and daughters of applicants to meet with others as part of the skills to foster children's group. Once approved each quadrant organises regular local events or support groups and every year we celebrate our sons and daughters through an outdoor activity event 'It's My Life.'

Foster Carer Newsletter

A monthly central newsletter ensures that foster carers are kept informed of all relevant issues and that consistent and clear messages were shared with all foster carers and supported lodgings carers across Essex.



The Oasis Network

provides an 'extended family' model of support to Foster Carers and their children. We now have funding agreed for one network for every 50 fostering households. The 'Oasis Carer' provides support, social events and regular respite to up to ten 'Network carers'. Essex currently has seven Oasis Networks running and are preparing to launch two more. Two in Mid and another in West which will focus on supporting family and friends carers. They have been hugely successful at maintaining foster carer satisfaction as well as supporting placement stability The fostering business case review includes plans to request funding for further Oasis Networks.



Fostering Out of hours Support line

An out of hours telephone support service for Foster Carers is provided by supervising social workers and fostering managers from within the fostering service ensuring carers receive high quality, consistent and knowledgeable response when they need support out of hours. This covers periods when the office is not open; 5.30pm until 9.am during the week and over weekends and bank holidays. The support line is accessed through Essex emergency duty service number 0345 606 1212.



The Fostering Network

All Essex Foster Carers have membership to The Fostering Network paid for by Essex County Council. The Fostering Network provides newsletters and regular information, consultation, updates on national developments and training.

A helpline is available to members on 020 7401 9582 from 10am to 3pm Monday to Friday or you can email them at info@fostering.net

Foster Carer members of The Fostering Network can access a 24-hour legal helpline for expert advice on allegations and help with any legal queries on 01384 885 734 and a completely confidential stress support service on 01384 885 734. (Please ask to be put through to the stress helpline.)

The Fostering Network also provides independent support for foster Carers if there has been an allegation against them. All Essex Foster Carers facing an allegation can access independent support, via their supervising social worker. The Fostering Network will allocate an independent support worker within a day or two to provide their expertise and guidance until the allegation or complaint against is resolved.



The Essex Foster Carers Association

is an independent charitable trust run by local authority Foster Carers for local authority Foster Carers. Membership is offered to all Essex local authority Foster Carers at approval. Members benefit from: a quarterly newsletter, sons and daughters support, Quadrant based committees and fundraising activities. More information is available via the EFCA website or by calling 0300 777 1234.

Child and Adolescent Mental Health Service

Provides emotional wellbeing and mental health advice and support for young people and their families across Southend, Essex and Thurrock. Foster Carers would usually access this support for their children in Care in liaison with the child's allocated social worker.

Staff benefits

All Essex Foster Carers are entitled to Essex County Council 'staff benefits' to enabling them access to a wide range of discounts and rewards.

Capital funding

Registered Foster Carers, who we know well and who have evidenced their fostering skills are able to apply for capital funding which can be used to extend their property to expand their fostering offer.



Fostering Household Reviews

Assessments of foster carers' ongoing suitability to care for children are undertaken annually via an annual household review. Reviews are also held when there has been a significant change of circumstances or when an allegation or concerns raised about the care a Foster Carer has provided.

Fostering Household Reviews are organised and chaired by the Household Review team who are independent from the Fostering Service in consultation with the foster carer and SSW. They provide a high level of appropriate independent scrutiny and quality control of the work undertaken by the Fostering Service to support the Fostering household, as well as the work undertaken by Foster Carers.

The Fostering Household Review analyses feedback from as many people as possible including the Foster Carer; the Supervising Social worker; Children in Care and their parents; the Child's social worker and the child's Independent Reviewing Officer; relevant health and education professionals, this provides a breadth of information to facilitate explorative discussions and will

inform recommendations. It also ensures that all statutory safeguarding checks have been undertaken, for example, that each member of the fostering household continue to hold a clear DBS; unannounced home visits have been carried out; a home Health and Safety check has been carried out etc.

A review event is attended by the Foster Carer, Supervising Social Worker and Household Reviewing Officer. This meeting explores the Foster Carer's experiences of fostering each child, how each member of the household is contributing to the fostering task, whether they are receiving the support they need from their SSW and the Fostering Service; any issues and concerns that have arisen and whether the Foster Carer's terms approval remains appropriate.

All first Household Reviews must be presented to the Fostering Panel. Fostering Panel will also need to consider Reviews if the Foster Carer's terms of approval need to change, if there have been allegations made since the last review, or if the Fostering Service is recommending de-registration. Foster Carers will be invited to attend the Fostering Panel alongside their Supervising Social Worker.

Refusal or Termination of Approval

Prospective Foster Carers and registered Foster Carers can make representation to the Fostering Service or ask for an independent review of their case if they do not agree with the decision of the Agency Decision Maker following Fostering Panel. They can request that Fostering Panel reconsiders their case or alternatively can ask for an independent review from the national Independent Review Mechanism. In these circumstances Essex Fostering Service recommend that Foster Carers make use of The Fostering Network's Independent Support Service.



>>> Section 5

Placements, fees and allowances

SECTION 5: Placements, fees and allowances



Placements and types of fostering

Essex Fostering Service provides placements for children and young people who need to be looked after in accordance with the Children Act 1989, the Care Standards Act 2000 and the National Minimum Standards for Fostering Services and Fostering Services Regulations 2011. Essex Foster Carers provide emergency, short term, long term linked, respite and short break placements, Connected Person Foster placements as well as supported lodgings placement which are an available option for young people 16 to 18 years old.

When an Essex child requires a foster placement, their social worker makes a referral to the centralised Children and Young People Placement Service (CYPPS) A detailed matching process identifies the child's needs and a risk assessment is completed. CYPPS work with each Essex Fostering Team to seek a suitable in-house Essex County Council Foster Carer. This is always the priority; Essex County Council Foster Carers therefore have the maximum choice and potential to find a child that matches with their family.

When it is not possible to find an appropriately matched placement for a child with an Essex County Council Foster Carer, CYPPS will liaise with Independent Fostering Agencies or residential providers.

Essex County Council has a range of services, schemes and projects aimed at meeting the needs of children, including:

- a specialist Fee Paid Short Break scheme for children with disabilities
- the PACE Bed scheme ensures that children do not remain in police custody unnecessarily
- an Emergency Bed scheme provides foster placements for children out of office hours
- Oasis Network Carers

Fees and allowances

In October 2022 our carer fees were increased by 10% (rounded up or down to the nearest £5). On April 1 2023 our Allowances were also increased by 9.2% in line with National Inflation Index rate @ 31 December 2022. Both fees and allowances will be subject to review annually.



SECTION 5: Placements, fees and allowances



2022 to 2023 Paid per child per week

Mainstream fostering fees

£220 + allowance for children 0 to 10 years

£270 + allowance for children 11 to 18 years

Supported Lodging fees

£270 + £57 personal allowance for the young person 16+

Narrow fee

£55 + allowance (0 to 18 years)

The Narrow fee is for carers with narrow approval e.g., carers registered for named child/ren only; or 0 to 2 years only; or registration excludes children from specific groups of need/behaviour

Specialist fees

£270 + allowance for children 0 to 10 years with 'highly complex needs'

£380 + allowance for children who; 'step down' from residential, to 'break the cycle' of multiple placement breakdown, require a 'solo' placement £380 + allowance (0 to 18) for placement of children with diagnosed disabilities and associated highly complex needs who are not allocated with the children with disabilities teams

£550 + allowance (0 to 18) for placements of children with diagnosed disabilities who are allocated within the Children with Disabilities teams

£1,090 + allowance (0 to 18) for placements of children allocated with the Children with Disabilities teams who require a high level of 2 to 1 care or waking night care

£12.91 per hour (between 7.00am and 7.00pm when caring for a child) and £100 overnight rate for CWD short breaks

£550 fee for Parent & Child Placements + allowance × 2 for both parent and child if under 18 (if parent is over 18 the allowance is negotiated dependent upon the parents' benefit entitlement)

Specialist schemes

£550 + £100 overnight rate Fee Paid Short Breaks Scheme – five nights

£330 + £100 overnight rate Fee Paid Short Breaks Scheme – three nights £250 per week duty payment + allowance and fee (when a child is placed) for being on the PACE Bed Scheme rota

£350 per week duty payment + allowance and fee (when a child is placed) for being on the Emergency Bed Scheme rota

2022 to 2023 Allowances Paid per child per week

Aged 0 to 4 years	£180.81
Aged 5 to 10 years	£206.01
Aged 11 to 15 years	£256.34
Aged 16+ years	£272.72

Allowances increased on 1 April 2022 by 9.2%

Essex allowances are above the government recommended allowance rates



Foster Carer Expenses

The child's fostering allowance covers the costs of looking after a child. However, there are many additional costs not normally associated with being a parent for which Essex foster carers are entitled to claim as additional expenses. These include mileage allowances for transporting children to family time and school (outside of catchment) mileage for carers to attend training and meetings. Carers can also claim an hourly rate when they support the service with activities such as recruitment, or when they provide day care.

(See Appendix B for full details.)





>>> Section 6

Developments achieved during 2022 to 2023

SECTION 6: Developments achieved during 2022 to 2023

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On 31 of March 2023 there were 513 fostering households within Essex Fostering Service including 65 connected person carers, 23 supported lodgings carers and seven early permanency carers (foster to adopt).

On 31 March 2023 we had 1,161 Children in Care (4.2% increase from 2022) of which 809 were in foster carer and 604 children were fostered within Essex Fostering Service, including children placed with connected carers and with supported lodgings carers. 205 children were fostered with Independent Fostering Agencies.

We aim to have 95% of fostered children placed in-house, with Essex County Council foster carers by March 2028. At the end of 2022 to 2023, we had 81% of fostered children placed with in-house carers. This is a 7% increase from last year, which is excellent progress. The trend since 2017 shows an overall increase in the percentage of fostered children being placed in-house and a correlating decrease in the percentage of fostered children being placed with independent fostering agencies, indicating that we are making significant progress increase the capacity of our in-house carers despite the challenges faced since the Covid pandemic and subsequent rise in the cost of living.

We aim to have 74% of all children in care living in foster care by March 2028. At the end of 2022 to 2023 we had 809 or 68% of all children in care living in foster care. This is a 3% decrease from 71% at the end of last year. This trend is primarily due to the increasing number of separated migrant young people which at 166 represents 14% of our children in care, many of whom are over 16 and their preferred living option is semi-independent rather than foster care.

The Fostering Project Steering Board continued to monitor the ten-year 'fostering business case' targets throughout 2022 to 2023 and oversaw all developments including:

- the review of fees and allowances
- redesign and increase of the fostering outreach worker role to include provision of practical support to carer households to prevent placements from breaking down. Funding was agreed for one outreach worker for every 50 fostering or supported lodgings household
- expanding the funding for the Oasis Network to enable one network for every 50 fostering households
- funding to expand the therapeutic fostering team enabling them to take a greater role in driving forward our therapeutic training programme for carers
- development of Non-Violence Resistance (NVR) training for foster carers. This is a ten-week, trauma informed programme facilitated by supervising social workers. It has replaced our Fostering Changes programme as the behavioural approaches and techniques taught were at odds with our therapeutic approach

Monitoring of the new full-time Occupational Therapist role, strengthen the recruitment, supervision and learning for foster carers who take children with disabilities. Strengthening support, training and home adaptations for carers who provide homes or short breaks for children with disabilities.



>>> Section 7

Developments planned for 2023 to 2024

SECTION 7: Developments planned for 2023 to 2024



Supported lodgings

Register with Ofsted as a Supported Lodgings provider before October 2023 and continue to focus on recruitment of supported lodgings carers for young people 16+.

Recruitment

Maximise the potential recruitment of carers through updating and rebranding our website.

Undertake a Peer review with Hampshire to share ideas and critical analysis of our fostering recruitment team's work and processes from marketing, initial enquiry through to assessment.

Continue project work on what additional benefits Essex carers could access through the wider county council e.g., partnership work with greener Essex, County parks, etc.

Sufficiency

Apply for continued funding for the Occupational Therapist within the fostering service to provide expert advice and support for carers caring for or considering caring for children with disabilities.

Develop a new pilot WhatsApp group to maximise communication with carers about children who need placements.

Placement stability

Develop work on the 'team around the placement' approach workstream as part of the wider placement stability project.

Recruit additional outreach worker posts (one worker per 50 households) in each quadrant to expand the capacity to provide practical support to carers to stabilise placements.

Continue to expand the Oasis network to create at least one network per 50 household. Including exploring the potential for a network dedicated to supporting Connected carers and one dedicated to carers who take children with disabilities.

Training

Work with Essex Social Care Academy (ESCA) to develop the use of cultural genograms and anti-racist practice training for fostering service staff and carers to improve our corporate parenting of global majority children.

Recruit worker to the therapeutic fostering team to enable this team to lead on development of Non-Violence resistance training across each quadrant and drive continual improvement and development of our therapeutic training pathways training courses.

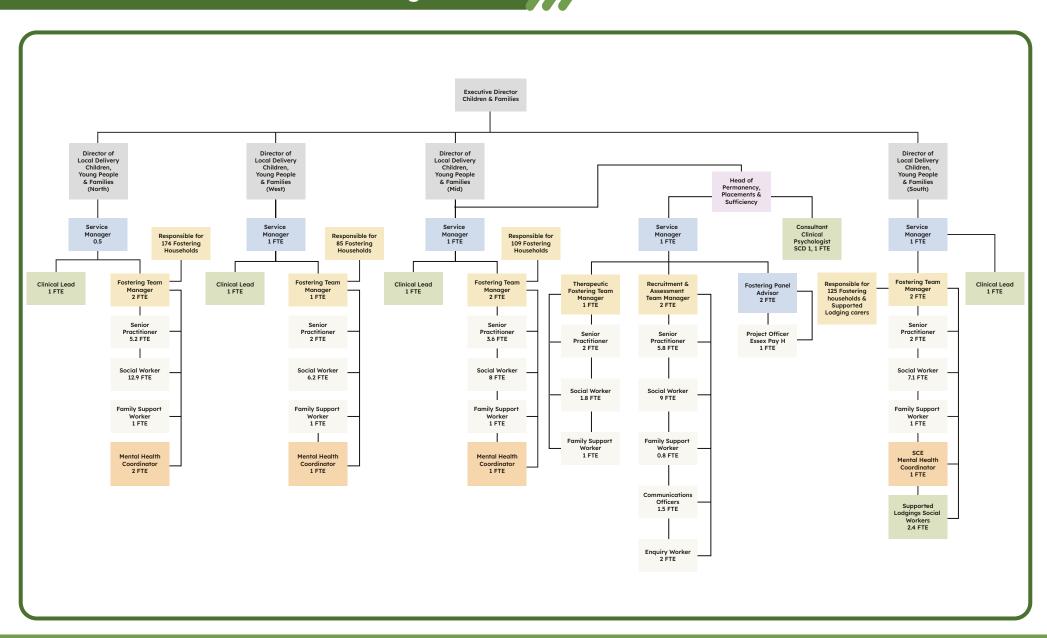
Continue the work with ESCA and UEA to try to develop a Therapeutic qualification – linked with the Essex Fostering Service training curriculum.



>>> Section 8

Structure of the fostering service

SECTION 8: Structure of the fostering service



SECTION 8: Structure of the fostering service

Description of Fostering Service

The service is led by the Head of Permanency, Placement and Sufficiency who is managed by the Director for Local Delivery, Mid Quadrant. There are seven Locality Fostering Teams across four quadrants:

1. Colchester	North quadrant
2. Clacton	North quadrant
3. Basildon Team 1	South quadrant
4. Basildon Team 2	South quadrant
5. Chelmsford Team 1	Mid quadrant
6. Chelmsford Team 2	Mid quadrant
7. Harlow	West quadrant

These teams are responsible for the supervision of their local foster carers, post approval, including kinship, connected person carers. They are managed by area quadrant Service Managers, who are also responsible for other childcare teams and supervise the clinical lead posts. These quadrant Service Managers were managed by their respective quadrant Director for Local Delivery.

The Therapeutic Fostering Team who works countywide to family find and provide intensive therapeutic support alongside the allocated quadrant fostering team for children who need to 'step down' from residential care, who have experienced multiple placement breakdown or where a placement is vulnerable to breakdown.

The central Fostering Service Manager is the strategic lead for fostering and will also be the Registered Supported Lodgings provider manager. This post line manages two fostering Recruitment Teams the Therapeutic Fostering team and the fostering panel advisors. They also have strategic responsibility for fostering, including overviewing policies, allegations, training and communication with foster carers and ensuring consistency in practice across the whole Fostering Service.

Clinical leads and Mental Health Coordinators

To support our whole service culture of trauma informed therapeutic care in addition to the central Therapeutic Fostering Team, we have a clinical lead post and mental health coordinators based in each quadrant who provide social care staff and foster carers with clinical consultations, training and direct work with children and or foster families where a referral to the Emotional Wellbeing and Mental Heath Service is not appropriate.

SGO and Connected Person Service

Essex has a separate service comprising 3 teams dedicated to SGO and connected persons assessment and SGO support. These teams undertake all SGO and connected carer assessments. Once approved as foster carers, connected carers are transferred to the seven locality Fostering Teams.



Fostering staff qualifications and experience

SECTION 9: Fostering staff qualifications and experience



The Fostering Service has a wide range of qualified and unqualified members of staff with experience in both fostering and other social work settings. The list of current staff and their relevant qualifications and experience will be made available to the Ofsted Inspection Service on request.

Fostering Service Manager

Julie Macer-Wright, Fostering Service Manager

Qualifications

BA (Hons) Social Policy, Leeds Polytechnic 1992

DipSW, Goldsmiths College London 1997

MA Social Worker, Goldsmiths College London 1997

Practice Teachers Award, University East Anglia 2008

Multi-Agency Approaches to Systemic Supervision, Compass 2017

Certificate in Systemic Leadership & Management, Institute of Family Therapy 2019

Experience

Childcare Social Worker, London Borough Camden 1998 to 2002

Fostering Social worker, London Borough Waltham Forest 2002 to 2006

Fostering Senior Practitioner, Suffolk County Council 2006 to 2010

Fostering Manager, Suffolk County Council 2010 to 2018

Fostering Service Manager, Essex County Council since 2018

Agency Decision Makers

Sarah Carter, Head of Permanency, Placements & Sufficiency

Qualifications

DipSW, Anglia Ruskin University 1998

BSc (Hons), Anglia Ruskin university 2002

Practice Teaching Award, University of East Anglia 2006

MA in Advanced Social Work Practice & Planning, University of East Anglia 2007

ADCS/Virtual Staff College Aspiring Leader's Programme 2013

ILM Level 7 certificate in Leadership and Management 2014

NAAS Accredited Children and Family Practitioner 2020

Frontline Pathways Leadership Programme 2023

Experience

Childcare Social Worker 1998 to 2004

Management posts within Children's Social Care in Essex since 2004

SECTION 9: Fostering staff qualifications and experience



Sukriti Sen, Director of Local Delivery Mid Quadrant

Qualifications

CQSW and Diploma in Social Work, Polytechnic of North London (London Metropolitan University) 1992

MA Health and Social Care Management, London Metropolitan University 2008

Advanced Award in Social Work, London Metropolitan University 2008

Systemic Leadership, Institute of Family Therapy 2016

NAAS Accredited Children and Family Practitioner 2019

Trained and Approved LGA Peer Reviewer 2020

Staff College UPON Aspirant DCS Programme 2022 to 2023

Experience

Social Worker in children and families service from 1992 to 1999

Looked After Children Co-ordinator from 1999 to 2002

Team Manager for Looked After Children Team 2002 to 2005

Group Manager for FS&P and Private Fostering 2005 to 2009

Senior Manager position for FS&P, FIP and Private Fostering 2009 to 2012

Head of Service for MASH, Assessment and Intervention, Family Support and Protection and CwD from 2012 to 2015

Director of Local Delivery in Essex since 2015

Trustee on Frontline Board Since 2015

Research In Practice – Practice Reference Group since January 2023

ADCS Workforce Policy Committee 2016 to 2021

Nicky Oshaughnessy, Director of Local Delivery North Quadrant

Qualifications

BA (Hons) Applied Social Studies, Hatfield Polytechnic 1989

CQSW, Hatfield Polytechnic 1989

Accredited Practice Teachers Award, Portsmouth University 1993

Client First Certificate in Management 1998

NVQ Assessor Award - D32/D33 2003

Post Graduate Certificate in Management 2003

ILM Level 7 Certificate in Executive Coaching and Leadership Mentoring 2013

Leadership Development, Ashridge Business College 2013

Trained and Approved LGA Peer Reviewer 2014

Systemic Leadership, Institute of Family Therapy 2015

NAAS Accredited Children and Family Practitioner 2020

Experience

Generic Social Worker, then Childcare Social Worker and Senior Practitioner in three authorities until 1996

Management posts in two authorities

Senior Management posts in Essex since 2004

SECTION 9: Fostering staff qualifications and experience



Michelle Hayden-Pepper, Director of Local Delivery North Quadrant

Qualifications

BA (Hons) International Social Work, University of East London 1999

Diploma in Social Work, University of East London 1998

Post Graduate Diploma in Systemic Practice, Bedford University 2014

Trained and Approved LGA Peer Reviewer 2019

Systemic Leadership, Institute of Family Therapy 2015

Systemic supervision accreditation, Institute of Family Therapy 2014

NAAS Accredited Children and Family Practitioner 2020

Family Group conference accredited coordinator, Family Rights Group 2006

Restorative Justice accredited practitioner, Family Rights Group 2005

Practice Leaders Development Programme, Centre for Systemic Social Work 2018

Experience

Childcare Social Worker and senior practitioner in child protection teams across three boroughs, set up and delivery of FGC and crisis intervention service in a London borough, duty senior, team manager and service manager in child protection in Essex between 2010 and 2016. Head of service in London borough between 2016 and 2021.

Director in Essex since Jan 2021

Gaye Cole, Director of Local Delivery South Quadrant

Qualifications

DipSW, Essex Ruskin Unison Route 2005

BA Children and Families, Norwich University 2009

Emerging leaders, Cambridge Downing College 2013

Diploma Systemic Supervision, Institute of Family Therapy 2015

Systemic Leadership, Institute of Family Therapy 2016

Teaching Award Level 3 NVQ 2019

Practice Leaders Development Programme 2020 to 21

Experience

Social Care Direct 1999 to 2004

2005 to 2009 Social Worker in Assessment and Children in Care

2009 to 2010 Team Manager of Children in Care

2010 to 2012 Local Authority Designated Officer

2012 to 2016 Team Manager Children in Care

2016 to 2019 Service Manager Assessment and Children with Disabilities teams

2019 to 2020 Partners in Practice Consultant

2020 to present Director of Local Delivery South



>>> Appendix A

Children & Families Leadership team providing a trauma informed organisaion

Quadrant Fostering
Service Managers
Central Fostering
Service Manager
Lead Consultant Psychologist

Fostering Team Managers
Quadrant Clinical Lead
Childcare Team Managers

Mental Health Coordinators Therapeutic Fostering Team

> Child's Social Worker Supervising SW Outreach Workers

> > Carers

Child



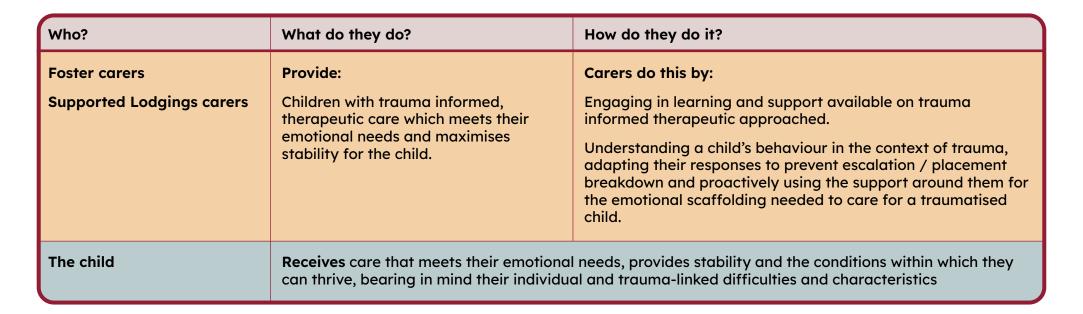


Whole service culture of trauma informed therapeutic care

Who?	What do they do?	How do they do it?
Children & Families Functional Leadership team (FLT) Quadrant Fostering Service Managers Central Fostering Service Manager Lead Consultant Psychologist	FLT provide a trauma informed organisation within which a whole service culture of trauma informed; therapeutic care can thrive. All three roles provide: Strategic leadership of traumainformed, therapeutic approach The Lead Consultant Psychologist provides: Specific clinical expertise around ways to apply knowledge around trauma, child and adult psychology, therapeutic parenting and amelioration of psychological discomfort to the care of children looked after + their application at a strategic level	FLT do this by: endorsing this approach and encouraging others in the organisation to understand and practice in a trauma informed way. Service Managers do this by: Reflective supervision of Team Managers Line management of psychologists Development days to support understanding of whole service culture. Trauma-informed, therapeutic thinking within all fostering / CIC policies The Lead Consultant Psychologist does this by: Strategic clinical leadership of the service. Clinical supervision and strategic clinical leadership of the quadrant clincal leads. Strategic clinical leadership of MHCs and the Therapeutic Fostering Team
	Clinical consultations on complex cases or issues Oversight of the therapeutic pathway training programme	

Who?	What do they do?	How do they do it?
Who? Fostering Team Managers Quadrant Clinical Leads. Childcare Team Managers	What do they do? Quadrant Clinical leads provide: Specific clinical expertise and knowledge on trauma, child and adult psychology, therapeutic parenting and amelioration of psychological discomfort to the care of children looked after + their application at a quadrant level Team Managers provide: A team environment that promotes trauma informed therapeutic approaches.	Quadrant Clinical leads do this by: Clinical supervision of Mental Health Coordinators Clinical consultations to individuals and teams Therapeutic pathway training for staff and carers: delivery Direct clinical work with and assessment of complex cases Contribution of clinical viewpoint to the local / quadrant strategic thinking Links-making and joint planning with local mental health care providers Recruitment of MHCs Team Managers do this by: Reflective supervision of Social Workers. Audits/effective feedback loops to encourage therapeutic work Expectation that all staff attend the Staff therapeutic pathways training programme. Encouraging staff to make proactive use of the clinical support
	Audits/effective feedback loops to encourage therapeutic work Expectation that all staff attend the Staff therapeutic pathways training programme.	

Who?	What do they do?	How do they do it?
Mental Health Coordinators. (MHC) Therapeutic Fostering Team (TFT)	MHCs provide: Specific clinical expertise around ways to apply knowledge around trauma, child and adult mental health, therapeutic parenting and amelioration of emotional discomfort to the care of children looked after + their application at a team level TFT provides: Intensive therapeutic parenting support to foster families alongside their allocated SSW	MHCs and TFT do this by: Clinical consultations to social workers and carers Therapeutic interventions / Direct work Delivering training for staff and carers Links-making and joint planning with local mental health care providers Joint working with SSW to strengthen the support provided to the fostering household Team Around the Placement (TAP) meetings that engage the network around the child to strengthen placement stability.
Child's Social Workers Supervising Social Workers Outreach Workers Personal Advisors in LAAC	All roles provide: Carers and children with the emotional containment needed and structures that are focused on stability through effective matching, planning and responsive social work	All workers do this by: Providing Carers with emotionally attuned, trauma informed reflective supervision and support Placement Planning Meetings that incorporate trauma and therapeutic approaches. Team Around the Placement meetings (TAP) Delivery of Non-Violent Resistance training and other courses throughout the three different fostering training pathways. Encouraging carers to make proactive use of the therapeutic training pathway and clinical support available to them.





This information is issued by: Essex County Council Essex County Council Fostering Service

Contact us:

<u>FosterRecruitment@essex.gov.uk</u> 0800 801 530

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Published July 2023